

# Arkansas Maternal Health Community of Practice



## Introduction

On May 16, 2024, on the UAMS campus in Little Rock, The Arkansas Maternal Health Community of Practice (MHCoP) convened its first in-person Forum. There were 34 attendees present, representing a wide range of stakeholder organizations including providers, policy advocates, social services program managers, patients, community advocates, and funders.



The Forum had two primary goals:



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Gather feedback on the draft **maternal** health strategic plan

#### **Taylor Baughman**

ARKANSAS WIC

Alexandra Bornkessel OFFICE OF MANAGEMENT AND BUDGET

Tracey Bradley-Simmons ARKANSAS AWHONN

Natalie Brink ARKANSAS WIC

Dawn Brown UAMS POWER & ARPQC

Pam Brown ARKANSAS HOSPITAL ASSOCIATION

Jennifer Callaghan-Koru PRIMROSE & ARPQC

#### Cyndi Coleman

METHODIST FAMILY HEALTH/ ARKANSAS CARES

#### Sarah Coleman

ARKANSAS HOME VISITING NETWORK

#### Amanda Deel ARKANSAS ACADEMY OF FAMILY

PHYSICIANS/NEW YORK INSTITUTE OF TECHNOLOGY

Dominique Dubois AMERICAN COLLEGE OF NURSE-MIDWIVES

#### Kenya Eddings

ARKANSAS MINORITY HEALTH COMMISSION

### Attendees

Starla Frazier METROPOLITAN HOUSING ALLIANCE (LR HOUSING AUTHORITY)

Susan Heath

Rich Huddleston ARKANSAS COMMUNITY FOUNDATION

Shakia Jackson OFFICE OF HEALTH DISPARITIES ELIMINATION

Rebecca Le MARCH OF DIMES MOBILE VAN FOR MOMS

Kanna Lewis UAMS FAMILY & PREVENTATIVE MEDICINE

Emri Luther UAMS HEALTHY START

Cassandra Maggitt THE GENESIS 7 BIRTHING PROJECT

Kristian Mays LITTLE ROCK BLACK NURSES ASSOCIATION OF ARKANSAS

#### Lynne McAllester

ARKANSAS DISABILITY COALITION

Jillian Neely FOLLOWING BABY BACK HOME

#### **Vivian Okanume**

UNIVERSITY OF ARKANSAS DIVISION OF AGRICULTURE, FAMILY AND CONSUMER SCIENCES Rebeca Pittillo BLUE & YOU FOUNDATION

Shaneca Smith

Dawne Sokora CHI-ST VINCENT/RMOMS GRANT

Bonnie Stribling DHS, OFFICE OF SUBSTANCE ABUSE & MENTAL HEALTH

Anna Strong ARKANSAS CHAPTER OF AMERICAN ACADEMY OF PEDIATRICS

Tracy Turner ARKANSAS DEPARTMENT OF EDUCATION

Laura Tyler ARISA HEALTH

Craig Wilson

ARKANSAS CENTER FOR HEALTH IMPROVEMENT

#### **Co-Chairs**

William "Sam" Greenfield ADH. UAMS. & ARPQC

Zenobia Harris ARKANSAS BIRTHING PROJECT

#### **Facilitator**

Nadine Doyle DOYLE STRATEGIES







# Strengthening Relationships

To facilitate the day-long event, co-chairs William Greenfield, MD, and Zenobia Harris, DNP, were joined by Nadine Doyle from Doyle Strategies. Ms. Doyle led the group through engaging team-building activities aimed at fostering connections and collaboration among participants. The first of the activities was "3 Question Mingle," in which attendees exchanged meaningful insights through structured conversations based on personal questions.





Ms. Doyle next led the group through the Campfire activity that divided attendees into small groups of four or five and was designed to deepen understanding between attendees. A list of approximately 50 words related to maternal health and partnership was the prompt for this activity. Each word was written on Post-it notes and then the notes were placed on the wall. Attendees reviewed the sticky notes "wall of words" to recall a story they could share that was associated with one of the words. In each small group, attendees took turns selecting a word and sharing a three-minute story. The Campfire activity also provided an opportunity for attendees to talk about what they hope will happen in the future to improve maternal health in Arkansas.





### Strategic Planning

During a working lunch, MHCoP members reviewed copies of the state strategic plan. After lunch, Ms. Doyle facilitated discussion around the plan. Members expressed enthusiasm about the strategic plan and its potential impact on maternal health in Arkansas, and identified several strengths and recommendations for additions to the plan:

### **Strengths**

- \* Maternal health scorecard
- \* Diverse stakeholder inclusion
- \* Social determinants of health focus
- ✤ Health equity emphasis

### **Recommendations**

- Consider sustainability
- \* Define initiative ownership
- \* Educate the public on the maternal health crisis
- \* Collect & share stakeholder stories

# **Thinking Big**

In the final structured activity of the day, members participated in a 25/10 Crowdsourcing activity that encouraged them to collectively imagine and articulate what is possible for maternal health in Arkansas when stakeholders work together. Members were asked to select one of three challenges for maternal health in Arkansas, based on interest and expertise. Each group member was asked:

### If maternal health stakeholders in Arkansas were **ten times bolder**, what would we do to address this challenge?

Proposed strategies were written on index cards, circulated among the group, and members anonymously scored each strategy based on how much they would support it. The three highest scoring strategies for each challenge were reported to the larger group:

Challenges	Highest score	2nd highest score	3rd highest score
Lack of geographic access to maternity care	Mobile maternity care	Family medicine physicians provide prenatal and postpartum care	Increase the Medicaid reimbursement global fee rate
Racial disparities in maternal health outcomes	Implicit bias training for providers	Culturally congruent care	Increase the diversity of the healthcare workforce
Impact of social determinants of health on maternal health	Trained and certified community health workers to serve as care navigators	Training and certifying community-based doulas	Establishing Medicaid coverage for doula care

# **Looking Ahead**

Following crowdsourcing, all participants reconvened to reflect on the Forum. Several members expressed appreciation for meeting colleagues from organizations that they had not been aware of before attending the Forum. Participants were excited about opportunities to collaborate on maternal health challenges in Arkansas. To close the Forum, the Community of Practice co-chairs, and Dr. Jennifer Callaghan-Koru, PI of the Arkansas Maternal Health Innovation Award, discussed the next steps for revision and submission of a final state strategic plan to HRSA by September 2024.



