

# UAMS

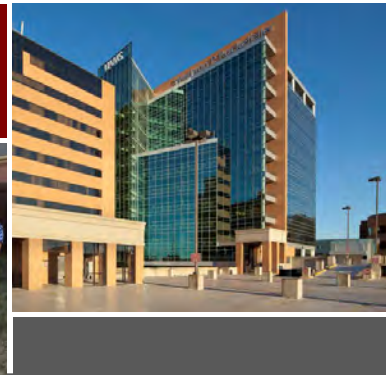
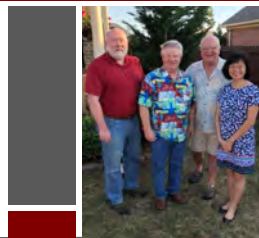
## MHA

### STUDENT ASSOCIATION

#### NEWSLETTER



SUMMER 2018  
ISSUE 10



Hello friends, families, and supporters of the UAMS MHA program! The Master of Health Administration Student Association is pleased to present the *Summer 2018* issue of the MHA Newsletter. We are thrilled that you are joining us as we celebrate our dedication to student networking, professional development, and community service. With strong faculty support, MHA students are able to utilize this newsletter as a way to share our successes and to further develop our network of future healthcare administrators and executives.

~ Caroline Parham, MHA Student Association President

### Interested in the MHA Program?

There are many ways to get involved with the MHA Program. Information on the Program can be found on our [website](#). Also, [Like](#) us on Facebook for frequent updates on our activities.



## STUDENT NEWS

### Professional Development

#### STOP THE BLEED

The MHA Student Association hosted a *Stop the Bleed* training for students and faculty to become certified in Basic Bleeding Control. Stop the Bleed is a national campaign that is building resilience by better preparing the public to save lives by raising awareness of basic actions to stop life threatening bleeding following everyday emergencies and man-made natural disasters. Just as everyone learns CPR, lives can be saved by learning proper bleeding control techniques. The training was hosted by UAMS trauma surgeons, Dr. Avi Bhavaraju and Dr. Kevin Sexton. Kelly Urban, APRN, and College of Medicine students were available to assist with demonstrations and hands-on technique. Everyone who attended was certified in Bleeding Control Basics.



Stop the Bleed Training

#### EXPERIENTIAL LEARNING



MHA Students at Opioid Roundtable Discussion

The UAMS MHA Program organizes monthly Lunch with the Administrator meetings to provide students with an opportunity to interact with healthcare executives. This spring term, students attended a luncheon at the *Arkansas Children's Hospital* and at *Baptist Health Physician Partners*. The MHA students also had the opportunity to participate and attend various other professional development activities:

- An Opioid Roundtable discussion with healthcare leaders from the state. This session was hosted by the *Arkansas Health Executives Forum*, an independent chapter of ACHE.

- The *Arkansas MGMA Annual Conference* in Little Rock for group practice administrators.
- A Fellowship Workshop for first year students led by MHA alumni who have received fellowships from prestigious organizations, such as the Cleveland Clinic, Arkansas Children's Hospital and UAMS.
- A Presentation by the President & CEO of *Arkansas Blue Cross and Blue Shield* at the Clinton School of Public Service.

#### UAB NATIONAL CASE COMPETITION

In the Spring 2018 semester, the MHA program participated in the 12<sup>th</sup> Annual Health Administration Case Competition, hosted by the University of Alabama at Birmingham. This was the program's 5<sup>th</sup> year to participate in the case competition. The competition provides graduate students from CAHME-accredited programs across the United States and Canada with an opportunity to put what they have learned in the classroom into practice with a real-life, real-time case. The second year team included *Memory Waddle, Rebecca Stone, and Nicole Breaux*; the first year observers were *Arthur Davies, Lauren Nielsen, Caroline Parham and Jared Stone*; faculty coaches were *Dr. Michael Morris and Dr. Saleema Karim*.



UAB Team, Observers and Faculty

# ARKANSAS HEALTHCARE LEADER SPOTLIGHT

Rebekah Fincher received her Bachelor of Arts in Political Science and Public Relations and Masters of Arts in Communication Studies degrees from the University of Central Arkansas (UCA). She also serves as an Adjunct Professor at UCA. Mrs. Fincher has been employed by Conway Regional since 2010 where she started as a Physician Liaison and worked her way up to Chief Administration Officer. Modern Healthcare recently named Conway Regional as one of the Best Places to Work in 2018.



Rebekah Fincher, CAO

## **What does your day as a hospital administrator look like?**

Like many jobs in healthcare, no day looks the same. My day is not chaotic, but there's a lot of the unexpected. A typical day will start at 7 AM. I meet with a physician recruit for breakfast. After that, I will spend time rounding on staff. I will address any urgent needs as well as take some time to prepare for the day ahead. At 9:00 AM, we have our safety huddle. It typically lasts 15-20 minutes. I'll continue rounding on staff and patients. The rest of the day is filled with meetings. We have an evening meeting two times a week that starts at 5 PM, so I'll get home around 6:30 PM. It's regular for my days to start at 7 AM and end at 6:30 PM. My day feels longer talking about it, but it goes by fast.

## **What's your favorite aspect about working for Conway Regional?**

The people. No question. Healthcare is local. We are taking care of our family, friends, and neighbors. People choose to retire, vacation, and live here because of the community and the people. We have a strong sense of teamwork and culture. It doesn't matter if it's a difficult or joyous time, we get through it together. The leadership I report to and my peers are the core reason why I find my job rewarding. Together, we get to create opportunities for people and do what we love. I am blessed, privileged, and lucky. Health care is a demanding field, but the phenomenal people I get to work with makes this job truly special."

## **What's the best piece of advice you would give to a student transitioning into the workforce?**

It's hard to give just one piece advice. First, find a great mentor. Find the smartest person in the room that you want to emulate. Learn everything you can from that person. Second, be a sponge. Soak up every piece of knowledge you can. Third, say yes to everything. You must be ready to roll up your sleeves, put in the hours, and put in the work. It will create so many opportunities for you. I think all of those combined contributed to the rapid growth I've experienced throughout my career.

## **PHILANTHROPY**

The MHA Student Association hosted a philanthropy event which consisted of collecting donations for *Our House*. *Our House* is a local organization that positively impacts the homeless community. MHA students gathered much needed items, such as diapers and towels, to help the organization with their current donation needs.



Greg Pryor & Lauren Nielsen

## **UAMS MHA ALUMNI LUNCHEON 2018**



Mike Perkins, Alumni of the Year

The 2018 MHA Alumni Luncheon brought together alumni, students and faculty to learn about the current issues in the healthcare industry, network, and hear updates on the program and student accomplishments. The keynote address discussed the transformative role of health information technology on the industry and was given by Stephen Lieber, CEO Emeritus of Health Information and Management Systems Society (HIMSS). In addition to the lunch, the 2018 Alumni of the Year award was presented to Mike Perkins. Mr. Perkins has been with Baptist Health for over 26 years and currently serves as the Administrator for the Baptist Health Rehabilitation Institute. Congratulations, Mr. Perkins!

## **MHA MAY 2018 GRADUATES**

The MHA Student Association is thrilled to congratulate the graduating class of 2018!

### **2018 Graduates:**

Kate Bellingrath	Harpreet Notey
Nicole Breaux <sup>3</sup>	Booth Owens <sup>2,3</sup>
Payton Mackenzie Clyburn <sup>3,4</sup>	Greg Pryor <sup>3</sup>
Robert Furrey	Nancy Gail Purnell <sup>3,4</sup>
Wade Freer	Rebecca Stone <sup>1,3</sup>
Stephen Hogg	Memory Waddle <sup>3,4</sup>
Daniel McFarland	

<sup>1</sup>Outstanding MHA Student Award 2018; <sup>2</sup>Jeannie Weiss Award; <sup>3</sup>Honor Graduates; <sup>4</sup>Delta Omega Honorary Society in Public Health Inductee.

## **2018 STUDENT SUMMER RESIDENCIES**

This summer, MHA first year students will be spending 10 weeks gaining healthcare administrative experience at the following organizations:

- UAMS Myeloma Institute & UAMS Department of Pathology
- Baptist Health System
- University of Pittsburg Medical Center
- Little Rock Veterans Health System
- Arkansas BlueCross BlueShield
- Arkansas Children's Hospital

Check out our Facebook page for student residency updates!

