

# MPH in Rural & Global Public Health

## Program Description

The MPH with concentration in Rural and Global Public Health is a new, distance based program designed to reach individuals and communities throughout Arkansas and beyond. Its distance based and asynchronous nature allows students to progress through the 42-unit program while maintaining their employment and location.

The concentration focuses on the unique health problems and solutions not only of rural Arkansas, but rural populations in global settings, whether it be the mountain dwelling Berbers of Morocco, the small agricultural communities of Croatia, the barrios of border placed Mexican communities, or

Native American reservations in Montana or Wyoming. Many other examples could be noted, but the point is we can learn from rural solutions on a global scale, develop important new ideas in public health training, and inspire our own local populations.

This program is dedicated to teaching, research and application which captures the importance of the intersection of rural and global health in our modern world. The educational mission of the program uses one on one mentoring, emphasizes health literacy and numeracy, understands the historical issues in the development of public health practice, and applies experiential learning.

## Curriculum Components

Core (18 hours)

Specialty (12 hours)

- Rural and Global Public Health Practice (3 hours)
- History and Theory of Public Health (3 hours)
- Health Numeracy (3 hours)
- Rural and Global Health Program Evaluation and Impact Assessment (3 hours)

Selective in Public Health Law & Ethics (3 hours)

Electives (3 hours)

Public Health Practice (6 hours)

- Applied Practice Experience (3 hours)
- Integrative Learning Experience (3 hours)

## To Apply

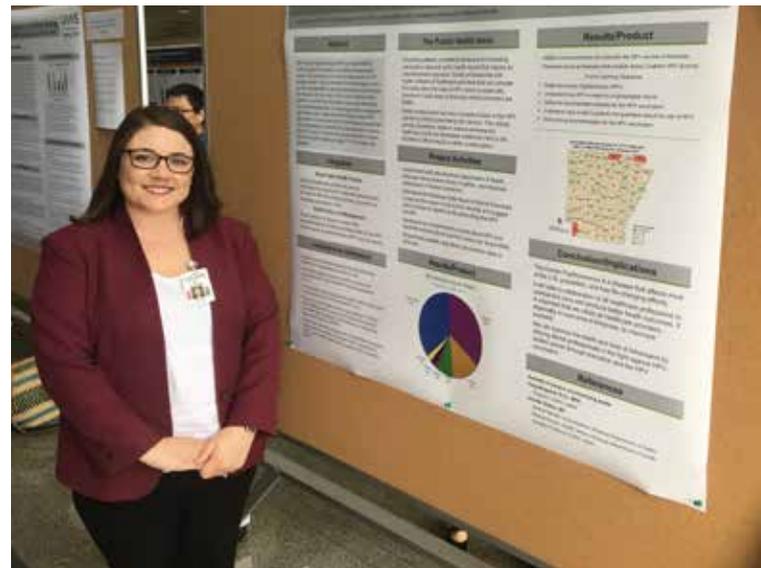
- Complete the on-line SOPHAS application at [www.sophas.org](http://www.sophas.org).
- Complete the on-line UAMS CPH supplemental application at <https://oaa.uams.edu>.
- Documents needed with application:
  - Official transcripts of all academic

work;

- Graduate Record Examination (GRE) score dated within 5 years of application;
  - Curriculum Vitae or Resume;
  - Statement of Experience, Purpose, and Objectives (500-700 words);
  - Professional writing sample;
  - Three (3) letters of recommendation
- International applicants, visit this website for further requirements: <http://publichealth.uams.edu/wp-content/uploads/sites/3/2012/06/Doctoral-application-requirements-international-03.pdf>.
  - All required materials must be received by SOPHAS by 4:30 p.m. on the deadline dates. For more information about deadlines, go to <http://publichealth.uams.edu/students/prospective-students/application-deadlines/>.

## Potential careers in public health:

- Community Health Worker
- Global Health Worker
- Health Promotion Program Coordinator
- Public Health Educator
- Humanitarian Assistance Worker



“ I was able to complete my Integrative Learning Experience project in Belize doing field work experience. One of the biggest barriers was trying to develop materials to educate people of so many different cultures and languages. The low health literacy intensified the problem. Ultimately, we had to come up with alternative means for educating them in a way that would reach everyone. If it wasn't for the coursework I completed in the MPH program, I would not have been able to create these alternative ways of learning to help the people in Belize.”

Craig Molgaard, Ph.D.  
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“ I had the great fortune to work across and within each level of the socio-ecological model (individual, interpersonal, organizational, community, and policy). Collectively, those experiences allow me to think from a 'systems perspective' and truly address social determinants of health. I would encourage any student considering a career in public health to seek out opportunities at each 'level of influence' to better understand the total impact public health efforts can have.”

**Mission**  
The mission of the Fay W. Boozman College of Public Health is to improve the health and promote the well-being of individuals, families and communities in Arkansas through education, research and service.

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College of Public Health



Fay W. Boozman  
**College of Public Health**  
University of Arkansas for Medical Sciences

Master of Public Health in Rural and Global Public Health